







# Explore

Ideas and activities to explore this week's Bible passage together

This week we share the activity from the explore section in Faith Adventures: Children Together.

**A new story to share .**







## Challenge

Discipleship doesn't stop when you walk out of the church door – it is a part of everyday life. Take a challenge with you and try to make it part of your week.

You may think of your own suggestion of what you as an individual or a group might do in the coming week in response to what you have explored today? If not here are some suggestions:

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- Use one of the “conversation starter” questions or the question below to talk with someone of a different generation or from a different setting and share your questions, thoughts, insights together. **Have you ever been in a situation where you have had to bounce back? What helped you?**
  - Perhaps there is someone you know who is feeling sad. Could you think of a way to help them? It could be spending time together, perhaps going for a walk or doing something you know they like. Whatever you decide, why not reach out to them and let them know you are thinking of them?
  - Research something suggested by JPIT, [Resources \(jpit.uk\)](https://www.jpit.uk) Commitment For Life [cforl.co.uk](https://www.cforl.co.uk)
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Thank you for exploring the John passage with us.

Please let us know what you liked or what you would find useful by emailing [children.youth@urc.org.uk](mailto:children.youth@urc.org.uk) or by sharing it on [https://bit.ly/FACT\\_FB](https://bit.ly/FACT_FB)

