

The Lord's Prayer in Makaton from Jesmond Parish Church

<https://youtu.be/jTal-F9sxms>

When we add a little prayer to our lives, our lives get better, just like adding a bit of sweetness or spice to a recipe. Here's a recipe you can make with your family, and when you're using the spoons for some of the things you need, it's a little bit like the Lord's Prayer.



Jesus, thank you for giving me the things I need.  
Sorry that I sometimes stir things up by doing or  
saying the wrong thing. Please help me spread  
your love. Amen.

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So when you pray, you should pray like this: